

## Benefits Advice Note

### Disabled Person's Railcard

As a person with narcolepsy, you may be entitled to receive a number of government-funded or other benefits. If you travel by rail, it may be very helpful for you to purchase a Disabled Person's Railcard.

#### *Key points*

You can buy a Disabled Person's Railcard that is valid for either one year (£20) or three years (£54).

The Railcard entitles you to a discount of 1/3 on rail fares on the national rail network at any time of day. The same discount applies to any other adult travelling with you.

You do not need to travel much by train for the cost of the Railcard to be recouped.

#### *Who can have a Disabled Person's Railcard?*

To be eligible for a Disabled Person's Railcard, you must satisfy at least one of a list of criteria. For people with narcolepsy, the most common criterion is that they received either Personal Independence Payment (PIP) or Daily Living Allowance (DLA). See our Advice Notes on PIP and DLA for more information about those benefits.

#### *How do I apply?*

Details of how to apply for a Disabled Person's Railcard can be found here:

<http://www.disabledpersons-railcard.co.uk/using-your-railcard/how-to-apply/>

You can apply online, or you can download the application form and send it by post.

You will need to provide evidence of your eligibility, which for someone receiving PIP or DLA will be a copy of their Award Letter.

#### *Other benefits*

It is not just the cost saving that may make a Disabled Person's Railcard worthwhile for a person with narcolepsy. As a person with narcolepsy, you may worry when you travel by train that you may fall asleep and miss your stop. If you hold a Disabled Person's Railcard you can ask the Train Manager or ticket inspector to check on you shortly before the train arrives at your destination and to make sure that you leave the train there.

You may also benefit from National Rail's Travel Assist scheme, which enables passengers to book assistance with their journey, for instance at intermediate stations where they change trains.

*Find out more*

Full details of the Disabled Person's Railcard can be found here:

<http://www.disabledpersons-railcard.co.uk/>

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**IMPORTANT NOTE:** Whilst every effort has been made to ensure that the information in this Note is accurate, it is for general guidance only. Specific advice on your individual circumstances should always be sought. Narcolepsy UK cannot accept any responsibility or liability for actions taken in reliance on the information contained in this Note.