Regional UK sleep centres

All patients who are diagnosed with narcolepsy, or whose GP suspects that they may have narcolepsy, should be referred to a specialist Sleep Centre for expert assessment. This document includes details of those Sleep Centres of which Narcolepsy UK is currently aware, arranged by region.

NORTH EAST ENGLAND

James Cook University Hospital - Middlesbrough
Lead Clinician: Dr Paul Reading
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Marton Road, Middlesbrough, Cleveland, TS4 3BW

Newcastle General Hospital - Newcastle upon Tyne
Lead Clinician: Dr Kirstie Anderson
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Regional Neuroscience Centre, Newcastle General Hospital, Westgate Road, Newcastle upon Tyne, NE4 6BE
Telephone: 0191 233 6161

NORTH WEST ENGLAND

Wythenshawe Hospital - Manchester
Lead Clinician: Dr Siddiq Pulakal
Services: Specialise in the diagnosis and management of sleep disorders, including Sleep Apnoea, Narcolepsy and Parasomnias.
Address: UHSM, Southmoor Road, Wythenshawe, Manchester, M23 9LT
Telephone: 0161 291 2569
website: http://www.uhsm.nhs.uk/patients/Pages/SleepService.aspx

Blackpool Victoria Hospital - Blackpool
Lead Clinician: Dr Mohammad A Paracha
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Blackpool Victoria Hospital, Whiney Heys Road, Blackpool, Lancashire, FY3 8NR
Telephone: 01253 306706
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City General Hospital - Stoke-on-Trent
Services: NHS and private referrals (from general practitioners and medical specialists) / Assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sleep and Ventilation Unit, City General Hospital, Stoke on Trent, Staffordshire, ST4 6OG
Telephone: 01782 552324

Sheffield Neurological Sleep Clinic
Lead Clinician: Dr Gary J Dennis
Services: NHS and private referrals (from general practitioners and medical specialists) / Assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sheffield Neurological Sleep Clinic, Royal Hallamshire Hospital, Glossop Rd, Sheffield, S10 2JF
Telephone: 0114 2711900
Email: anne.yendley@sth.nhs.uk

EAST MIDLANDS

Kings Mill Hospital - Sutton in Ashfield
Lead Clinician: Dr N J Ali
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG / MSLT) / treatment
Address: Kings Mill Hospital, Mansfield Road, Sutton-in-Ashfield, Nottinghamshire, HG17 4JL
Telephone: 02623 622515

Leicester General Hospital - Leicester
Lead Clinician: Dr Andrew Hall
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sleep Disorders Service, Leicester General Hospital, Leicester, Leicestershire, LE5 4PW
Telephone: 0116 258 4720
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**Bassetlaw Hospital - Worksop**
Lead Clinician: Dr M. M. Muthiah
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Bassetlaw Hospital, Blyth Road, Worksop, Nottinghamshire, S81 0BD
Telephone: 01909 500990

**Kettering General Hospital - Northampton**
Lead Clinician: Dr Philip Ryan
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Respiratory Medicine Unit, Kettering General Hospital, Northampton, NN16 8UZ
Telephone: 01432 264096

**WEST MIDLANDS**

**Birmingham Heartlands Hospital - Birmingham**
Lead Clinician: Dr Simon Wharton
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Sleep and Ventilation Unit, Birmingham Heartlands Hospital, Bordesley Green East, Birmingham, West Midlands, B9 5SS
Telephone: 0121 424 2000

**BUPA Parkway Hospital - Solihull**
Lead Clinician: Dr Simon Wharton
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: BUPA Parkway Hospital, Damson Parkway, Solihull, West Midlands, B91 2PP
website: www.spirehealthcare.com/parkway

**The Birmingham Sleep Clinic - Queen Elizabeth Hospital Birmingham**
Lead Clinician: Dr Manny Bagary
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: The Birmingham Sleep Clinic, Queen Elizabeth Hospital - Birmingham, Department of Neuropsychiatry, The Barberry Building, Vincent Drive, Birmingham, B15 2FG
Telephone: 0121 301 2294
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SOUTH EAST ENGLAND

Papworth Hospital - Cambridge
Consultants: Dr Ian Smith, Dr Tim Quinnell, Dr Mike Davies and Dr Nick Oscroft
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Respiratory Support & Sleep Centre, Papworth Hospital NHS Foundation Trust, Papworth Everard, Cambridge, CB23 3RE
Website: www.papworthssc.nhs.uk

Conquest Hospital - East Sussex
Lead Clinician: Dr Andrew Meredith
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sleep Clinic, ENT Department, Conquest Hospital, St Leonard's-on-the-Sea, East Sussex, KT18 7EG
Website: www.esht.nhs.uk/sleep

Queen Victoria Hospital - East Grinstead
Lead Clinician: Dr Peter Venn
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sleep Unit, Queen Victoria Hospital, East Grinstead, West Sussex, RH19 3DZ
Telephone: 01342 414368
Website: www.1stopsnoring.co.uk

Lister Hospital - Stevenage
Lead Clinician: Dr I Chakravorty
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Respiratory Medicine, Lister Hospital, Corey's Mill Lane, Stevenage, Hertfordshire, SG1 4AB
Telephone: 01483 781200
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John Radcliffe Hospital (West Wing and Oxford Children's Hospital) - Oxford
Lead Clinician: Dr Zenobia Zaiwalla
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy
Address: Sleep Disorders Service, Department of Neurophysiology, West Wing, John Radcliffe Hospital, Headington, Oxford, OX3 9DU
Telephone: 01865 231828 /29

Hertford County Hospital - Hertfordshire
Lead Clinician: Dr D Richard Dent
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Respiratory Medicine, Hertford County Hospital, North Road, Hertford, Hertfordshire, SG14 1LP

SOUTH WEST ENGLAND
Southmead Hospital - Bristol
Lead Clinician: Dr Johanna J Herrod
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Miss Jackie Hugo, Secretary to Dr Herrod, The Rosa Burden Centre, Southmead Hospital, Bristol BS10 5NB
Telephone: 0117 4140450

Royal Devon and Exeter Hospital - Exeter
Lead Clinician: Dr Adam Zeman
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Department of Neurology, Royal Devon and Exeter Foundation Trust, Barrack Road, Exeter, EX2 5DW
Telephone: 01392 406049
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**Musgrove Park Hospital - Taunton**
Lead Clinician: Dr Justin Pepperell
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult narcolepsy
Address: Sleep Laboratory, Somerset Lung Centre, Duchess Building, Musgrove Park Hospital, Taunton, TA1 5DA
Telephone: 01823 344635

**Plymouth Hospitals - Department of Respiratory Medicine**
Lead Clinician: Dr P D Hughes
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult narcolepsy
Address: Department of Respiratory Medicine, Plymouth Chest Clinic, Level 6, Derriford Hospital, Plymouth, PL6 8DH
Telephone: 01752 763869

**LONDON**

**St Thomas' Hospital - London**
Lead Clinician: Dr Adrian Williams
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Lane-Fox Respiratory Unit & Sleep Disorders Centre, St Thomas' Hospital, Lambeth Palace Road, London, SE1 7EH

**King's College Hospital - Denmark Hill**
Lead Clinician: Dr T C Britton
Services: NHS and private referrals (from general practitioners and medical specialists / assessment (PSG/MSLT) / treatment
Address: The Neurology Department Sleep Clinic, King's College Hospital, Denmark Hill, London, SE5 8AF

**Imperial College Healthcare Sleep Centre - Charing Cross**
Lead Clinician: Dr Andrew Cummins
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Imperial College Healthcare Sleep Centre, 8th Floor West, Charing Cross Hospital, Fulham Palace Road, London, W6 8RF
Telephone: 020 8846 7188
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The Evelina Children's Hospital - Lambeth

Lead Clinician: Dr P Gringras
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / paediatric narcolepsy
Address: The Paediatric Sleep Unit, The Evelina Children's Hospital, Great Maze Pond, Lambeth, London, SE1 9RT
Telephone: 020 7188 4649

National Hospital for Neurology and Neurosurgery - Queen’s Square

Lead Clinician: Professor Matthew Walker
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult narcolepsy
Address: The Jules Thorn Telemetry Unit, National Hospital for Neurology and Neurosurgery, Queen's Square, London, WC1N 3BG
Telephone: 020 7692 2366

SCOTLAND

Royal Infirmary of Edinburgh - Edinburgh

Lead Clinician: Dr Tom Mackay
Services: NHS referrals only (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment
Address: Sleep Centre, Royal Infirmary of Edinburgh, 51 Little France Crescent, Old Dalkeith Road, Edinburgh, EH16 4SA
Telephone: 0131 242 3871/2
Website: www.nhslothian.scot.nhs.uk/GoingToHospital/Locations/RIE/Pages/default.aspx

Royal Hospital for Sick Children - Glasgow

Lead Clinician: Dr P Zuberi
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / paediatric narcolepsy
Address: Sleep Unit, Royal Hospital for Sick Children, Yorkhill, Glasgow, Scotland, G3 8SJ
Telephone: 0141 201 0141
Wales

Aneurin Bevan Sleep Centre – Abergavenny

Lead Clinician: Dr Jose Thomas
Services: NHS and private referrals (from general practitioners and medical specialists) / assessment (PSG/MSLT) / treatment / adult and paediatric narcolepsy

Address: Aneurin Bevan Sleep Centre, Nevill Hall Hospital, Brecon Road, Abergavenny, NP7 7EG
Telephone: 01873 732991
Fax: 01873 732633
Website: www.wales.nhs.uk/sitesplus/documents/866/ANEURIN%20BEVAN%20SLEEP%20CENTRE%20PROFILES.pdf

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