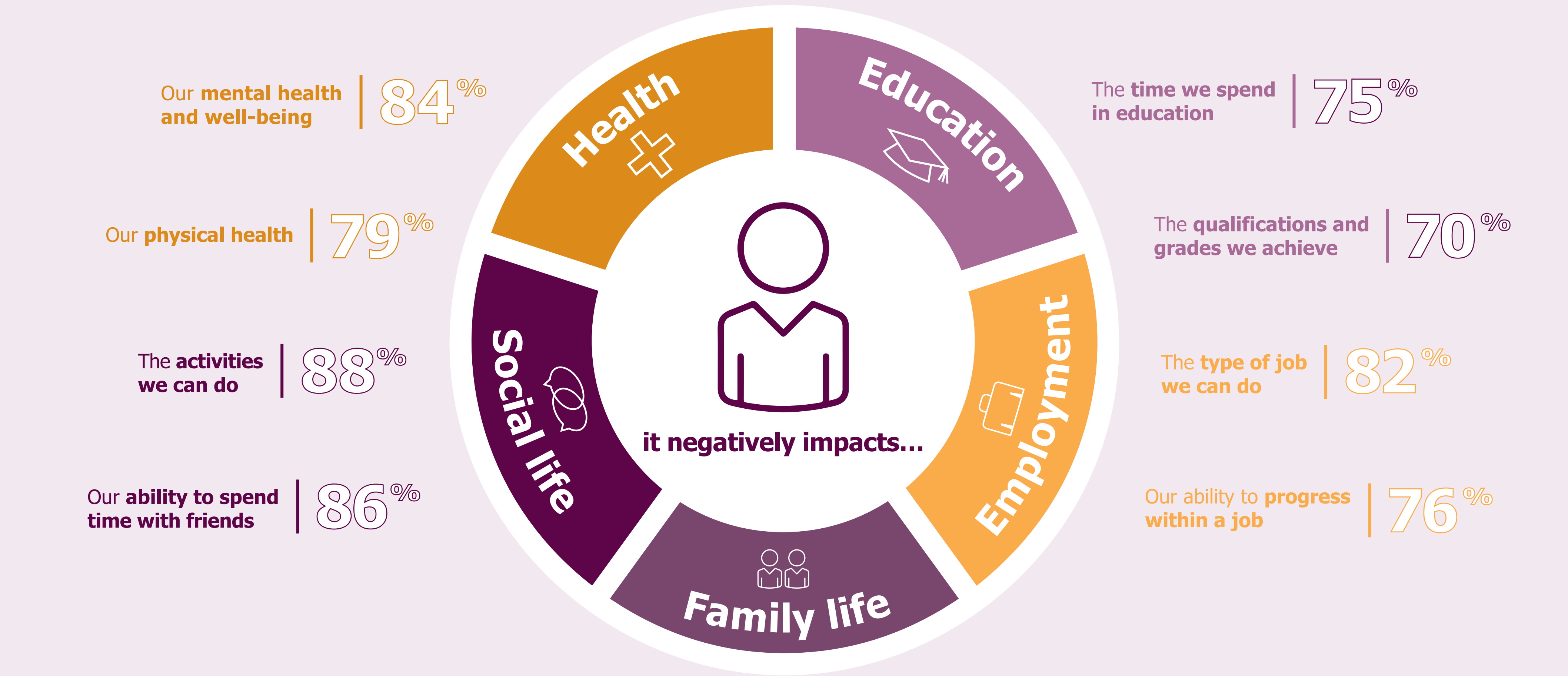


Narcolepsy affects every area of our lives



We have to fight for appropriate medical care

The relationship we have with our partner | 65%
Our ability to build and maintain relationships | 65%



were **taken seriously** when they first presented with symptoms



feel they were **diagnosed** within a reasonable time frame

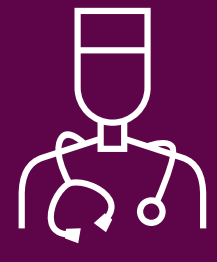
58%

feel they **currently have access to the best medications** to treat their condition – this **often takes years to perfect**, and NHS budgets can limit access to the preferred drugs



57%

feel they have had **adequate support from a specialist** in the last year – getting to the right specialist is a **long and frustrating road**



17%

feel their **GPs have sufficient knowledge of narcolepsy**



On average, to receive a confirmed diagnosis it takes people aged over 18 **6** years and people under 18 **1.7** years

Despite this we battle on



14%

aged over 18 are in education



53%

are in employment



99%

aged under 18 are in education

Many of us have active family lives, parents, partners, children... and our condition affects them too

But we need help with describing our condition to get the support we need

People with narcolepsy want more support...

to describe the condition to educators		to describe the condition to employers		to describe the condition to benefit advisors	
40%	64%	54%	11%	57%	24%
aged over 18	aged under 18	aged over 18	aged under 18	aged over 18	aged under 18

on how to help them **deal with the impact of narcolepsy on themselves and the rest of their family**

59% aged over 18
58% aged under 18

The adult men among us and ethnic minorities may find it harder to seek support

 **Narcolepsy** UK

 **Adelphi**

ADELPHI RESEARCH

Based on a survey of 302 people with narcolepsy and 149 supporters