

## Narcolepsy Need-To-Know: Storing Medication

## **General advice**

- Store medication in a cool, dry place
- Keep medication in its original container/packaging
- Keep medication out of sight/reach of children

## **Controlled Drugs**

Several common narcolepsy medications are Controlled Drugs, eg:

- methylphenidate (Ritalin)
- dexamphetamine (Dexedrine)
- sodium oxybate (Xyrem)

When collecting these drugs, *proof of identity* is required and a *signature* must be given to confirm receipt.

Controlled Drugs must be kept under lock and key.

Controlled Drugs may be destroyed only by an authorised person.

## Our advice:

- Keep your medication in its original packaging
- Store medication in a *cupboard or cabinet*, away from direct sunlight
- Make sure your medications are out of the reach of children
- If your medication is a Controlled Drug, store it in a locked medicine cabinet, preferably fixed to a wall
- Unused medication should be *returned to your pharmacy* for destruction; do not dispose of it yourself

IMPORTANT NOTE: Whilst every effort has been made to ensure that the information in this Guide is accurate, it is for general guidance only. Specific advice on your individual circumstances should always be sought. Narcolepsy UK cannot accept any responsibility or liability for actions taken in reliance on the information contained in this Guide.