

Narcolepsy Need-To-Know: Storing Medication

General advice

- Store medication in a cool, dry place
- Keep medication in its original container/packaging
- Keep medication out of sight/reach of children

Controlled Drugs

Several common narcolepsy medications are Controlled Drugs, eg:

- methylphenidate (Ritalin)
- dexamphetamine (Dexedrine)
- sodium oxybate (Xyrem)

When collecting these drugs, ***proof of identity*** is required and a ***signature*** must be given to confirm receipt.

Controlled Drugs must be kept under lock and key.

Controlled Drugs may be destroyed only by an authorised person.

Our advice:

- Keep your medication in its ***original packaging***
- Store medication in a ***cupboard or cabinet***, away from direct sunlight
- Make sure your medications are ***out of the reach of children***
- If your medication is a Controlled Drug, store it in a ***locked medicine cabinet***, preferably fixed to a wall
- Unused medication should be ***returned to your pharmacy*** for destruction; do not dispose of it yourself